

Super Listeners




What is Active Listening?

It means looking at the person talking, not interrupting, and really paying attention to their words.

Active Listening
2nd-3rd grade

In your own words, what does active listening mean?

 Draw a line to match each description with either "Just Hearing" or "Active Listening":

Sounds enter your ears but you aren't paying attention

Thinking about what the person is saying

planning what you'll say next while they talk

Showing the speaker you understand their feelings

Doing other things while someone speaks

Asking questions to learn more

Just Hearing

Active Listening


Active Listening Signals

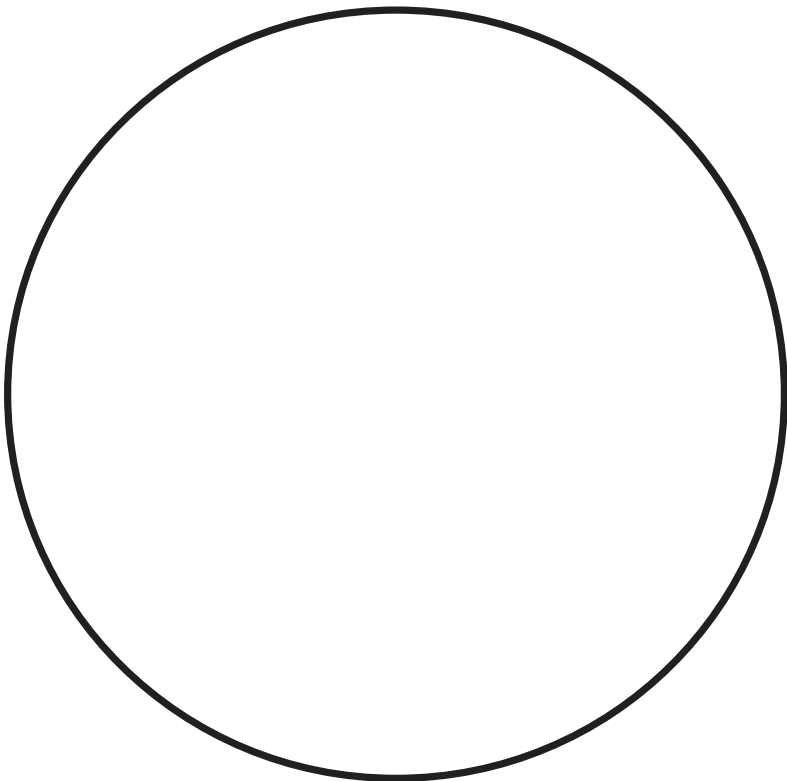
✓ Check the body language signals that show you're actively listening:

☐ Looking at the speaker ☐ Facing away from the speaker ☐ Nodding your head sometimes

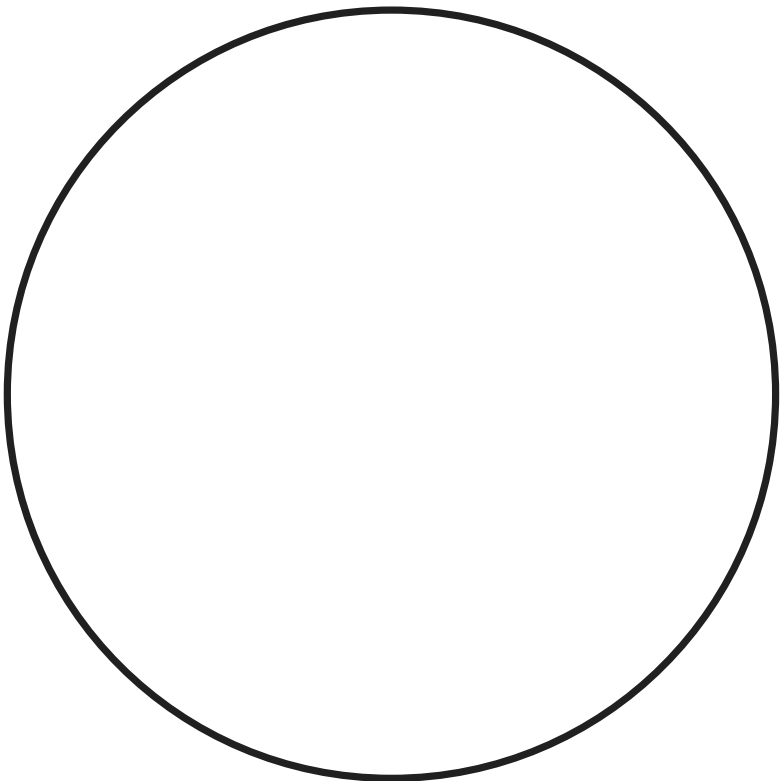
☐ Playing with objects in your hands ☐ Sitting or standing still ☐ Making faces or rolling your eyes

☐ Leaning slightly toward the speaker ☐ Walking around the room

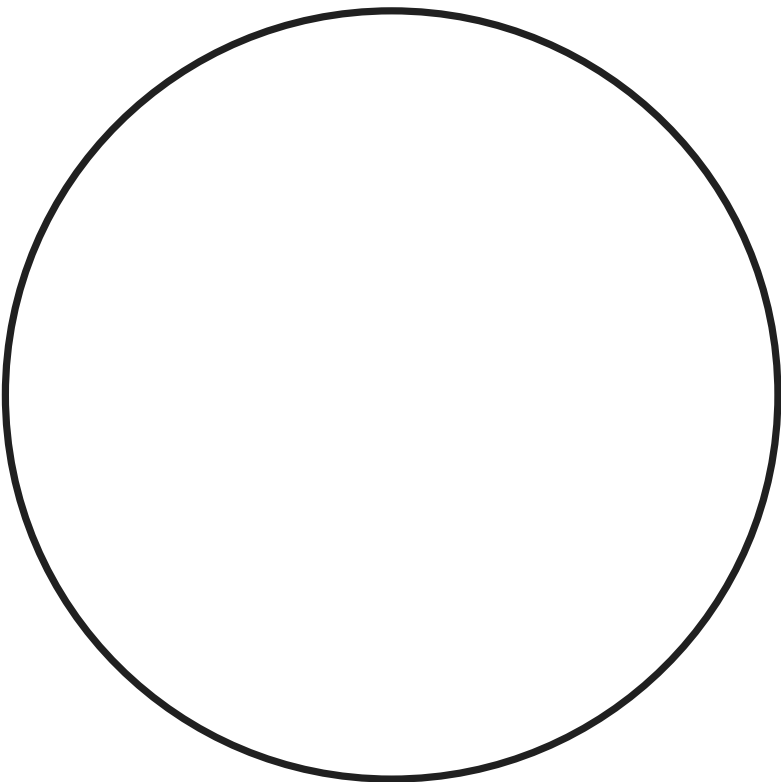
 Draw your face showing these different listening expressions:



Interested Face



Confused Face



Understanding Face

Listening Strategies

✓ What makes listening difficult sometimes? Check all that apply to you:

- ☐ Noise or distractions around me
- ☐ Thinking about other things
- ☐ Feeling tired or hungry
- ☐ The topic is boring to me
- ☐ Wanting to talk instead of listen
- ☐ Not understanding some words
- ☐ Feeling strong emotions

Write one strategy that helps you focus better when listening:

✓ Check the strategies that help you remember what someone said:

- ☐ Making a picture in your mind
- ☐ Repeating important information silently
- ☐ Connecting new information to something you already know
- ☐ Taking notes or drawing pictures
- ☐ Asking questions about what you heard
- ☐ Summarizing what you heard in your own words

Which strategy works best for you? Why?

Active Listening Responses



Good listeners ask questions to understand better. Write a question you could ask for each situation:

Your friend tells you about their weekend:

Your teacher explains a new math concept:

Someone gives you directions to a place:

Listening Practice




Rate 1-5 how well you listen in these different situations?

1 = Needs Work

5= Great Job

Area	Rating
When a friend is talking about something exciting	
When someone is explaining how to do something	
When listening to instructions for an assignment	
When someone is talking about something you disagree with	
When there are distractions around you	
When you've been sitting still for a long time	

Becoming a Super Listener

 Circle all the ways active listening helps us:

Learn new information | Make and keep friends | Understand how others feel

Solve problems better | Follow directions correctly | Show respect to others | Avoid misunderstandings

 Complete these sentences:

One active listening skill I'm already good at is:

One active listening skill I want to improve is:

I will practice this skill by:
